



The Healthy Soup Cleanse Recipe Book: 200+ Easy Souping Recipes from Bone Broth to Vegetable Soup

Brandon Britt

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Hundreds of super-nourishing soups for a healthier you!

Get ready to rid your body of toxins, replenish your energy, and reclaim your health! *The Healthy Soup Cleanse Recipe Book* teaches you how to create more than 200 delicious, all-natural soup blend recipes that will nourish you from the inside out. The best part? Each wholesome recipe uses the vegetable or fruit in its entirety, so you will not only get the most of out of your money, but you'll also produce vitamin-rich soups that just can't be matched in nutritional value. From savory to sweet, each page offers a variety of tasty soups, including:

- Pumpkin-Fig-Oat with Cinnamon and Spice
- Ginger-Infused Rice Noodles and Scallions
- Onion-Mushroom with Peppers and Spinach
- Tarragon Turkey Broth
- Sweet Spiced Cherries and Cream

Complete with step-by-step instructions and nutritional facts, *The Healthy Soup Cleanse Recipe Book* will help you look and feel better than ever before!

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