



Living Zen, Loving God

Ruben L. F. Habito

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The release of Ruben Habito's new book, *Living Zen, Loving God* has coincided with a rave review from *Publishers Weekly* magazine:

"Habito may not seem himself as a revolutionary, but his humble life calling - to illuminate the commonalities between Zen Buddhism and Christianity - seems a profound gift. Habito excels in illuminating the connective spiritual tissue between the two religions, while explaining the principles of Buddhism. This is an excellent book for readers who want to deepen their understanding of Christianity, as well as Buddhism." - Publishers Weekly

Exactly right. This wonderful book, in its friendly, informative tone, carefully explains Buddhist ideas - from key concepts like Emptiness and The Truth of Suffering to an in-depth and enlightening examination of the Heart Sutra - all in terms that will help modern Christian practitioners to deepen their faith, and Buddhists, to revitalize and broaden their perception and understanding.

This is a book with immense value to anyone interested in interreligious dialogue and studies, and as such, has already won accolades from Habito's contemporaries. (See below.)

Habito, a practicing Catholic and former Jesuit priest - as well as an acknowledged Zen master and professor in the School of Theology at Southern Methodist University - makes a clear case that Zen practice can deepen a Christian's connection to God, further clarify the Gospel teachings of Jesus, and enable one to live a more joyous, compassionate, and socially engaged life. Habito demonstrates that the practice of Zen meditation and even some elements of the Buddhist worldview can enable one to love God more constantly and commit to the service of the Realm of Heaven and the human community more wholeheartedly.

Ruben L.F. Habito is the author of numerous publications, in both Japanese and English, on Zen and Christianity and is a prominent figure in the Buddhist-Christian Dialogue. A native of the philippines, Habito served as a Jesuit priest in Japan under the guidance of the great spiritual pioneer Father Hugo Enomiya-Lassalle and studied Zen with renowned teacher Koun Yamada. He lives in Dallas, Texas.

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