



# **Third Eye Awakening in 5 Easy Steps: The Easy Way to Unleash Your Psychic Power and Open the Third Eye Chakra (New Age Healing for Modern Life)**

*Marion Jaide*

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Marion Jaide

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*The Psychic inside you needs this book!*

Third Eye Awakening is the ultimate goal for you if you seek to unlock your psychic abilities such as:

- Astral Projection and access to your Astral Body
- Clairvoyance to See Beyond the Physical plane
- Channeling to Communicate with Higher energies

This book will teach you the 5 ways to open your chakras and supercharge your psychic development! Using proven techniques to heal the third eye, you will learn about the 5 simple steps you can apply today to unblock and awaken your third eye chakra.

Here is just a sample of what you will get in this book:

- Learn the Psychic diet and foods necessary to activate the Pineal gland
- Discover the most effective physical exercises and yoga needed for psychic power
- Access 3 meditation sequences for powerful internal healing
- Answer the age old question: how to know when your third eye is open!

**You must read this book if you want to heal your chakra system.**

The third eye chakra is the sixth energy pool in the chakra system and must also be properly balanced if you are to spiritually heal. As well as opening your psychic energy, an open third eye will help you become a great leader, give you access to intuition on tap, hugely increase your creativity and supercharge your brain power.

How long are you willing to wait on your psychic energy? With *Third Eye Awakening in 5 Easy Steps* you can apply the techniques today and speed up your psychic development.

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