



Empower Parents, Train Your Brain to Know Patience - with Hypnosis and Meditation

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Being a parent is tough. Why not make it a little easier?

Motivational Hypnotherapy's Joel Thielke is a world-renowned hypnotherapist and author who has helped millions of people worldwide. This powerful hypnosis scripts for patient and positive parenting will help give you tools to manage stress better, and create a positive, calm mindset for any situation.

This hypnosis script is designed for people who want to create their own hypnosis recordings (for personal use only). It is an easy-to-use guide that can be tailored on a person-to-person basis.

There are three main parts to the script: the induction, hypnosis patter, and endings. We have included both “sleep” and “wake” endings for your convenience. The induction is a unique version of the standard “staircase induction” used by many professional hypnotherapists.

We can all use a little help. We're here for you.

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