



# La tuile... et autres bricoles: Roman autobiographique (French Edition)

*Christian Baup*

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Et tout avait commencé en voulant accomplir une bonne action...**

« Aujourd'hui tout ceci m'apparaît loin et présent en même temps. Il me reste les douleurs, les problèmes d'évacuation, que je gère assez bien je crois. A vrai dire je n'y pense plus. Comment un accident aussi absurde a-t-il pu me conduire ici ? »

Avec un humour grinçant, un style moderne et cadencé, l'auteur raconte son passage dans un centre de rééducation, après une fracture des vertèbres : le rythme de sa vie quotidienne, ses relations avec les autres patients, sa douleur et, petit à petit, son rétablissement.

**Un témoignage tout en justesse démontrant l'importance de se relever et d'avancer**

EXTRAIT

Les étirements donc. Ouais. Ça consiste à se faire tirer sur les muscles pour les faire bosser à l'inverse de ce qu'ils ont l'habitude de faire. La vache ! Il a dû en chier Ravailac ! Faut dire qu'on a fait faire le boulot par des chevaux. Ça suffit là peut-être ? Non ? Encore un petit peu ? Bon !

Ça y est pour ce matin. Il faut que j'aille me préparer pour la piscine. Les choses sérieuses seront pour cet après-midi.

L'ascenseur. Il est aussi dégueulasse que le reste du bâtiment, mais il marche lui. Au royaume des aveugles...

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