



The Miracle Question: Answer It and Change Your Life

Linda Metcalf

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Have you ever considered how a miracle would change your life? Would a miracle enable you to get a better job, fix your marriage, stop drinking, keep your teenager home at night, make peace with your parents, silence your boss, or help you financially? In this groundbreaking volume, Dr. Linda Metcalf challenges readers to ask themselves: "Suppose tonight while you sleep, a miracle happens. When you awake tomorrow morning, what will you see yourself doing, thinking, or believing about yourself that will confirm that a miracle has taken place in your life?" "The Miracle Question" is a step-by-step approach for people who feel "stuck" and overwhelmed. It offers methods for tapping into sources and resources we already have - called "exceptions". "Exceptions" are the "good" we've learned from past experiences but have perhaps forgotten about, or situations that went well for us in the past, but over time got pushed aside. By understanding that our problems have eroded our confidence, we can discover that our abilities have simply been in limbo, ready to use as solutions.

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